

REVISED 9/30/08

**ROWLAND HALL-ST. MARK'S SCHOOL
CROSS COUNTRY SCHEDULE
2008**

Practices begin: August 11 @ 8:00 a.m. @ Upper School front entrance.

<u>DATE</u>	<u>MEET</u>	<u>TIME</u>
August 30 (Sat.)	RHSM @ Grass Relays @ American Fork High School	8:00 a.m.
September 6 (Sat.)	RHSM @ BYU Autumn Classic @ Cascade Golf Course	9:00 a.m.
September 12 (Fri.)	RHSM @ Murray Invitational @ Murray City Park	3:00 p.m.
September 20 (Sat.)	RHSM @ Wahsatch Rendezvous @ Cottonwood Complex	9:00 a.m.
September 27 (Sat.)	RHSM @ Judge Invitational @ Cottonwood Complex	9:00 a.m.
October 7 (Tues.)	RHSM @ Pre-Region Meet @ Juab	3:00 p.m.
October 14 (Tues.)	Region 14 Meet @ Juab	1:00 p.m.
October 22 (Wed.)	State 2A Meet @ Sugarhouse Park	12:30 Girls 1:00 Boys

Head Coach: Mark Oftedal
359-7028
maoftedal@yahoo.com